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# PAWZ AND READ

## *Training tips with Jeff – How to Prevent Jumping*

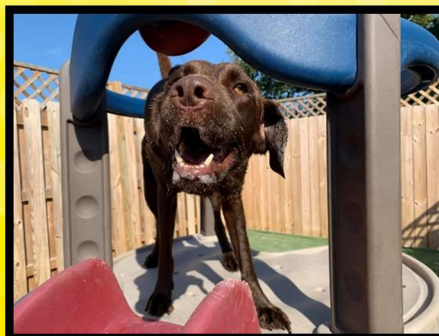
For a lot of dog owners jumping is a major problem. Most dogs jump up on you to re-create a rewarding experience. Often times when they are small puppies we either lift them up to our faces and talk sweet to them in a high happy voice, or we get down low with them. We are generally praising them and petting them, all of which are considered rewarding. This behavior is best avoided from the beginning. Dogs tend to repeat behaviors that reap rewards. **Remember the phrase “you get what you pet.”**

Start from the beginning by only giving praise and rewards when your dog is in the sit position. Then mark the behavior with a word like yes or good. Teach the behavior sit first (we will go over this behavior next issue) then when the dog jumps up on you mark the unwanted behavior with a word like “no”. Be sure not to raise your voice as this signals to your dog that you are upset or that something is wrong. You are teaching, not reprimanding. When your dog sits, reward him for positive behavior. Using this method we are teaching the dog that they can affect their environment positively through obedience to your command. Jumping will reap no positive benefit and they may receive a negative reward, but a good sit gets what they want. The end result is that they learn to “Win”.





# *All smiles during daycare!*



*DOGGIE DAYCAMP*  
*DOG OF THE MONTH!*



## *Emily Winston – Employee of the Month*

Congratulations to Emily Winston, Grooming Assistant/Front Desk Office Associate, for being selected the September 2019 "Employee of the Month".

Emily started working at the PawsCienda Pet Resort in August 2017 as a Kennel Technician. She was promoted to full time in September 2018. Emily's main responsibilities include bathing and brushing all our wonderful furry friends in the grooming room, as well as assisting the Front Desk operations as one of our Customer Care Associates.

In her free time, Emily enjoys attending Innsbrook After Hours Concerts and laying by the pool.





# ***Top 10 Tips For Managing Your Pet's Fall Allergies***

Regardless of location, the elemental tumult of fall (dying plant life, dryness, moisture, cooler temperatures, wind, etc.) stirs up environmental allergens and irritants that can affect the eyes, nose, skin, and other body systems of both people and animals.

## **Common clinical signs of allergies include:**

- Nasal and eye discharge
- Sneezing
- Coughing
- Pruritis (itching/scratching, licking/chewing at body parts)
- Fur loss or color change (tears and saliva contain porphyrins, which stain light colored fur pink to brown)
  
- The competent immune systems of most companion canines and felines will ultimately adapt to the seasonal changes, leading to the resolution of clinical signs. With animals that are not quite able to self-adjust, we pet owners must intervene with baths, conditioning rinses, eye/ear drops, oral or injectable medications (antihistamines, antibiotics, steroids, etc.), nutraceuticals (omega-3 fatty acids, antioxidant, etc.), or other treatments.
  
- 1. Keep your home low in allergenic potential. Vacuum all carpeting and upholstery and wash all pet and human bedding at least every seven days. After vacuuming, dispose of the vacuum bag or canister **in a sealed away from your home.**
- 2. Keep windows closed, use air conditioning during the warmer times, and run an air filtration system on a year-round basis.
- 3. Change filters on both heating and cooling systems as per manufacturer guidelines.
- 4. Bathe your pets every 7 to 30 days (once weekly to once monthly) or as per your veterinarian's guidelines based on your pet's skin and coat needs. Besides removing allergens and irritants from the skin and coat, bathing can have a variety of other effects including killing and removing bacteria and yeast, removing fleas and their saliva and feces (free dirt), and lifting off flaking skin.
- 5. Use an over-the-counter eye irrigating solution to rinse your pet's eyes on an as needed basis.
- 6. Schedule a physical examination with your veterinarian and pursue recommended diagnostics at least every 12 months.
- 7. Commit to readily resolving or managing disease conditions, as inflammation associated with illness negatively impacts immune system health.
- 8. Use topical and oral anti-parasite (flea, tick, etc.) treatments as per the guidance of your veterinarian. My general recommendation is to lessen the need for these products by keeping your shared environment thoroughly and regularly cleaned.
- 9. Provide a moist, freshly prepared, whole food-based diet having human-grade protein, vegetables, fruits, fat, and fiber. Avoid ingredients that are lacking in protein and grain "meals and by-products," artificial colors and flavors, moistening agents (propylene glycol, carageenan, etc.), sugar, rendered fat, and other feed-grade components (as typically go into commercially available dog and cat foods).
- 10. Maintain your pet's slim Body Condition Score (ideally 3 out of 3) on a lifelong basis. Being overweight or obese causes unnecessary stress on all body systems and contributes to inflammation, which can have serious health implications.



# GROOMING HIGHLIGHTS

